



Tier 2 Instructor Workshop 2025

Grades 4, 5, 6

Greetings, and welcome to the Tier 2 SDSA Instructor Workshop! Course conductors Douglas Rachinski and Tamsin Carreck look forward to an informative and rewarding time with you. Please refer to the following timetable, which details the workshop's activities.

Workshop Schedule

FRIDAY, September 5

4:15 – 4:30	Sign-in
4:30 – 5:00	Review and Q&A <i>Includes a review of the introduction to SDSA, syllabus structure, and classroom context from Tier 1.</i>
5:00 – 9:30	Vocabulary <i>Demonstration/discussion of Ukrainian dance vocabulary, positions/poses and technique as it applies to Grades 4, 5, 6.</i>

SATURDAY, September 6

8:30 – 10:30	Vocabulary
10:30 – 10:45	Break
10:45 – 12:45	Vocabulary
12:45 – 1:30	Lunch
1:30 – 3:45	Set Exercises <i>Interactive discussion of syllabus contents for Grades 4, 5, 6 including exercise progression and comparison, key aspects, exercise breakdown and build-up strategies.</i>
3:45 – 4:00	Break
4:00 – 7:30	Classical Ballet <i>Classical ballet topics as per Classical Ballet - Tier 2 as it applies to Grades 4, 5 and 6.</i>

SUNDAY, September 7

8:30 – 10:30	Set Exercises
10:30 – 10:45	Break
10:45 – 12:45	Set Exercises
12:45 – 1:30	Lunch
1:30 – 4:00	Set Exercises
4:00 – 4:30	Review and wrap-up <i>Review of course contents as requested by workshop participants.</i>
5:00 pm onwards	Out-of-town instructor certification exams priority (instructor certification exams to be discussed throughout workshop)