

July 2020



Dear Summer Camper,

We are so excited that you are attending the 2020 Shumka Summer Dance Camps! Your camp counsellors and dance instructors have planned an exciting week of fun Ukrainian activities and dancing that you will surely never forget! Camp 2020 is going to look very different than what most campers are used to. **We ask parents/guardians to read this document thoroughly and discuss it with their campers.**

**Enclosed in this package is:**

- Camp summary \_\_\_\_\_ pg. 1
- COVID-19 policies and procedures \_\_\_\_\_ pg. 2
- COVID-19 declaration of compliance form \_\_\_\_\_ pg. 6 – **print and sign and bring on first day of camp.**
- Arrival and pickup schedule \_\_\_\_\_ pg. 8
- Checklist of items to bring to camp \_\_\_\_\_ pg. 9
- Camp schedule \_\_\_\_\_ pg. 10
- Staff and instructors \_\_\_\_\_ pg. 10
- Camp video/photos and camp book \_\_\_\_\_ pg. 11

## Camp Summary

<b>Name of Camp</b>	Shumka X-Treme <b>(10-13)</b> August 10-14 <b>[8:30 am – 2:30 pm]</b>
<b>Welcome Orientation</b>	There will not be an 'in-person' welcome orientation this year. This confirmation package is considered the orientation.
<b>Arrival &amp; Pickup</b>	Please reference the included arrival and pickup schedule. Staggered drop-off/pick-up times are in effect to help enforce physical distancing. <b>PICK-UP/DROP-OFF LOCATION: Garage door #2, located in the rear parking lot of Shumka Dance Centre. No parking allowed in the back lot.</b>
<b>Camp Concert</b>	<b>2:00 pm</b> on the last day of camp. Garage doors attached to the studios will be opened and parents will be able to watch from outside the studio. <b>There is a limit of two audience members per family.</b>
<b>Location</b>	Shumka Dance Centre: 10515 111 Street NW, Edmonton, AB T5H 3E8, <b>STUDIO 3</b>
<b>Before &amp; After Camp Care</b>	We are unable to offer Before and After Care this year.

**We have received your payment and receipts will be issued on a per-request basis. Please contact the Shumka Office in September.** If you have any questions, please do not hesitate to contact us.

## COVID-19 Policies and Procedures

<p><b>Before Camp Begins</b></p>	<ul style="list-style-type: none"> <li>• Camp 2020 is going to look very different than what most campers are used to. We ask parents/guardians to read this document thoroughly and discuss it with their campers.</li> <li>• We will be reminding campers of the rules in place during the camp, but to ensure that campers have an understanding before camp begins, we ask parents/guardians to take the time to explain to the campers why these rules are in place before they arrive at camp.</li> </ul>
<p><b>Cleaning Measures</b></p>	<ul style="list-style-type: none"> <li>• All high touch areas will be cleaned first with soap and water, then disinfected and left to dry.</li> <li>• All staff, volunteers, and instructors have been trained on cleaning and disinfecting protocols by certified professionals.</li> <li>• All staff and visitors (those who work in the building, students, etc.) who are present in the building for more than 15 minutes will be logged for contact tracing and will be required to fill out a questionnaire.</li> <li>• Cleaning logs will be present in all studios and washrooms.</li> <li>• The lobby and seating areas have been closed.</li> <li>• Outside traffic will not be permitted within the studio.</li> </ul>
<p><b>Symptom Screening</b></p>	<ul style="list-style-type: none"> <li>• We will be conducting the AHS Screening Checklist every day for each camper as they are being signed in. The guardian bringing them to camp must be present and fill out the questionnaire for the camper. If you have any of the following symptoms, have been in contact with a confirmed or supposed case of COVID-19, have been out of the country in the last 14 days, or in contact with someone who has been out of the country in the last 14 days, or you are awaiting test results for COVID-19, please do not attend camp. Anyone who experiences a fever, shortness of breath, cough, runny nose, or sore throat is legally required by the Government of Alberta to isolate for 10 days or until the symptoms have subsided, whichever takes longer.</li> <li>• <b>Symptoms on the questionnaire includes:</b> <i>fever, cough, shortness of breath/difficulty breathing, sore throat, chills, painful swallowing, runny nose/nasal congestion, feeling unwell/fatigued, nausea/vomiting/diarrhea, loss of appetite, loss of sense of taste/smell, muscle/joint aches, headache, pink eye.</i></li> </ul>
<p><b>Drop-Off &amp; Pick-Up Protocol</b></p>	<ul style="list-style-type: none"> <li>• Physical distancing will be in effect and enforced.</li> <li>• Staff are required to wear masks during drop-off/pick-up. We request that parents/guardians and campers do the same until the camper is inside their studio, where they may remove their mask.</li> </ul>

	<ul style="list-style-type: none"> <li>• Staggered drop-off/pick-up times will be put into effect to help enforce physical distancing. Families will be notified of their allotted times well before the camps begin so that they have time to schedule for it. The schedule can be found in the confirmation package, emailed to families. If you miss your drop-off/pick-up time we request that you wait until all other campers are signed in.</li> <li>• Parents/guardians are not to enter the studio, there will be staff waiting at each entrance to sign in your camper.</li> <li>• Each entry point will have a table with hand sanitizer, screening questionnaires, masks, and a temperature reader. We ask that you use hand sanitizer immediately upon arrival.</li> <li>• Parents/guardians must complete the questionnaire each morning, confirming with the camper that they have not been showing any symptoms. Every camper must have the questionnaire completed with the help of the parent belonging to them. <b><u>If carpooling</u></b>, the parent in charge must call the parent of any child not belonging to them, and have their parent complete the questionnaire with the camper over the phone. The questionnaires must be completed upon entry to the studio each morning. Forms that have been completed prior to arrival will not be accepted.</li> <li>• A staff member will then take the camper's temperature and record it. If the camper is not showing any symptoms and their temperature is within AHS guidelines, the camper will be allowed to enter their studio.</li> <li>• All staff members are required to fill out the same questionnaire and have their temperature taken upon arrival.</li> <li>• Once the campers are inside the studio, they may place their belongings on a designated chair. This chair is where all their belongings will stay during the day. All chairs will be spaced two meters apart.</li> </ul>
<p><b>Shumka Minis</b></p>	<ul style="list-style-type: none"> <li>• We understand that for some of our youngest campers, this might be their first time away from their parents for a half-day since the outbreak began (or in general!). Therefore, we have put special measures in place for Shumka Minis check-in.</li> <li>• The studio which Shumka Minis will take place in has a garage door attached to it, so this will be opened during drop-off and pick-up. By using the garage door, parents will be able to view their children entering the studio. In order to keep the campers, staff, and parents safe, parents may not enter the studio. If your camper is upset about you leaving, your camper must come to you, and you may not enter the studio. Please refrain from bringing any items from home such as teddy bears or blankets, as they will not be permitted inside the studio for safety reasons.</li> </ul>

<p><b>In the Building</b></p>	<ul style="list-style-type: none"> <li>• Camps will take place inside one studio. This follows the AHS guidelines to create a cohort. This cohort will not mingle with the others.</li> <li>• Every cohort has two assigned staff members that will be with them during lunches and activities. These staff members will not change during the week.</li> <li>• Each cohort has an assigned washroom that they will use during the week. Signage will be posted to indicate washroom location, and all washroom breaks will be staggered. There are staff members dedicated to cleaning the washrooms after every use.</li> <li>• Washrooms will be cleaned every hour in addition to after each use.</li> <li>• Signage has been posted inside the building directing the flow of traffic with decals on the floor.</li> </ul>
<p><b>Dance Instruction</b></p>	<ul style="list-style-type: none"> <li>• Change rooms will be closed. We ask that campers arrive in clothing they can dance in and participate in crafts/activities comfortably. (leggings, track pants, tank tops, t-shirts, shorts, etc.). Bodysuits and tights are not mandatory.</li> <li>• Campers will have a designated barre spot marked with tape indicators. They will have a designated square taped for them for centre work. When doing corner work, the dancers will stand two meters apart and complete the combination before the next dancer begins.</li> <li>• Only eight campers and two instructors will be inside the studio during this time to maintain the AHS requirement of no more than ten in a room.</li> <li>• We ask that campers bring multiple pre-filled water bottles as to minimize water fountain usage. If a camper requires their water bottle to be refilled, a staff member will first wipe the outside of the water bottle with a disinfectant wipe, then refill the water bottle at the fountain, disinfect the fountain, and return the water bottle to the camper.</li> <li>• All exercises and dances that the campers learn will be following physical distancing and require no close contact with any other campers.</li> </ul>
<p><b>Lunch &amp; Breaks</b></p>	<ul style="list-style-type: none"> <li>• Campers will have a 15-minute break in the morning and afternoon as an opportunity to go to the washroom, have a small snack, and rest. All washroom visits will be staggered. These breaks are staggered amongst the cohorts so that staff can thoroughly clean any touched surfaces before the next group has their break.</li> <li>• Campers must remain inside their studio unless visiting their dedicated washroom.</li> </ul>

	<ul style="list-style-type: none"> <li>• Lunches and snacks are to be kept inside the camper’s bag in the studio. We ask that campers do not bring any lunches that require microwaves or refrigeration.</li> <li>• No food or water bottles will be shared amongst campers, even if they are from the same household. Everyone must have their own lunch and their own water bottles.</li> </ul>
<b>Activities &amp; Crafts</b>	<ul style="list-style-type: none"> <li>• Camp activities and crafts have been adapted to follow AHS guidelines and maintain physical distancing.</li> <li>• Campers will be provided a Ziploc bag of craft materials at the beginning of their craft with all materials they will need for that day's activities. All items in use will have been disinfected.</li> <li>• All activities and crafts will take place within the cohort’s designated studio.</li> </ul>
<b>In Case of Illness...</b>	<ul style="list-style-type: none"> <li>• If there is a confirmed case of COVID-19, Shumka Summer Dance Camps will be required to close for 72 hours to allow contact tracing.</li> <li>• The building will be vacant for 24 hours to be cleaned and disinfected to Alberta Health requirements.</li> <li>• If a camper is to become ill during the day, they will be isolated, and the parent/guardian will be contacted to pick up the camper immediately.</li> <li>• An immediate cleaning and disinfecting of the studio the camper was in will occur.</li> <li>• All families of the cohort will be advised by email that a student may be affected.</li> </ul>
<b>Concerts</b>	<ul style="list-style-type: none"> <li>• The concerts will take place at staggered times. Garage doors attached to the studios will be opened and parents will be able to come and watch from outside the studio. There is a limit of two audience members per family, and we request that all in attendance wear a mask. Shumka will block off areas in the back-parking lot for parents to stand/sit. If parents are not able to make the performance or wish to show other family members, SSDC will provide a filmed version of the concert for free on Dropbox.</li> </ul>
<b>Refund Policy</b>	<ul style="list-style-type: none"> <li>• Students presenting COVID-19 symptoms five or less days leading up to the summer camp are asked not to attend. Full refunds will be provided.</li> <li>• Should a confirmed case of COVID-19 be determined, remaining classes in that cohort will be canceled and pro-rated refunds will be issued.</li> </ul>

**PRINT and SIGN this TWO-PAGE WAIVER and BRING ON FIRST DAY OF CAMP**

## **Declaration of Compliance – COVID-19**

Camper's Name: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_

The Ukrainian Shumka Dancers and Shumka Summer Dance Camps (hereinafter referred to as "Organization") require the disclosure of exposure to illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safe, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.

1. The individual has not been diagnosed with COVID-19, OR if the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities more than 14 days prior to the date this Declaration of Compliance was signed.
2. The individual has not been exposed to a person with a confirmed or suspected case of COVID-19, OR If the individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.
3. The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable) agrees to assume those risks, including but not limited to exposure and being infected.

4. The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, sore throat, shortness of breath, respiratory illness, vomiting or diarrhea, loss of taste or smell, or difficulty breathing).
5. If the individual experiences, or if anyone in the individual's household experiences, any cold or flu- like symptoms after submitting this Declaration of Compliance, the individual will immediately isolate and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
6. The individual has not, nor has any member of the individual's household, travelled to or had a lay- over in any country outside Canada in the past 14 days. If the individual travels, or if anyone in the individual's household travels outside Canada after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
7. The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
8. The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
9. This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
10. The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the compliance standards described in this document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Camper (if 13 and over)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent or Guardian (if camper is younger than 18)

## Arrival and Pick-up Schedule

Staggered drop-off/pick-up times are in effect to help enforce social distancing.

### Reminders:

1. Staff are required to wear masks during drop-off/pick-up. We request that parents and campers do the same until the camper is inside their studio, where they may remove their mask.
2. If you miss your drop-off/pick-up time we request that you wait until all other campers are signed in.
3. Parents/Guardians are not to enter the studio, there will be staff waiting at each entrance to sign in your camper.
4. Each entry point will have a table with hand sanitizer, screening questionnaires and a temperature reader. We ask that you use hand sanitizer immediately upon arrival.
5. Guardians must complete the questionnaire, confirming with the camper that they have not been showing any symptoms. A staff member will then take the campers temperature and record it. If the camper is not showing any symptoms and their temperature is within the AHS guidelines, the camper will be allowed to enter their studio.
6. Once the campers are inside the cohort studio, they may place their belongings on a designated chair. This chair is where all their belongings will stay during the day. All chairs will be spaced two meters apart.

Camper	Check-In time	Check-Out Time
Burns, Anthea Kryschuk, Emma	8:05 am	2:30 pm
Hunter, Maggie Huska, Lucinda	8:10 am	2:35 pm
Jerebic, Joanne Jerebic, Nicholas Ludwick, Evan	8:15 am	2:40 pm
Parker, Ava Laansoo, Jackson Boyce, Cayden	8:20 am	2:45 pm
Campers who missed their timeslot can sign-in/out.	8:25 am	2:50 pm



## What to Bring to Camp?

No loose items (everything must be kept in the bag).

- Bag/backpack.
- Comfortable clothing that can be used for both dancing and activities.
- Water bottles.
- Nut/peanut free lunch and snacks (microwaves and refrigeration not available).
- Portable hand sanitizer.
- Masks for the parent and camper at pickup and drop off.
- Phones are allowed but must stay in backpacks.
- Dance slippers.

**No stuffies or blankets or personal items.**

**No gaming consoles or iPads.**

**No craft items (these will be provided).**

Campers will be given their **camp T-shirt** on the last day of camp to be worn for the camp concert.

**Shumka X-Treme:** Please note that campers are not required to buy professional dance wear. Some **suggestions** for dance wear include:

### **GIRLS**

- Bodysuit
- Dance pants and/or tights
- Skirt
- Shorts
- Dance slippers, boots, jazz shoes, and/or ballet slippers

### **BOYS**

- Shorts and/or dance pants
- T-Shirt, tank top
- Dance slippers, boots, jazz shoes, and/or ballet slippers.

## Camp Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:05-8:30	Arrival	Arrival	Arrival	Arrival	Arrival
8:30-11:00	Dance, Break: 9:45 am	Dance, Break: 9:45 am	Dance, Break: 9:45 am	Dance, Break: 9:45 am	Dance, Break: 9:45 am
11:00-12:00	Lunch	Lunch	Lunch	Lunch	Lunch
12:00-2:30	Dance, Break: 1:15 pm	Dance, Break: 1:15 pm	Dance, Break: 1:15 pm	Dance, Break: 1:15 pm	Dance, Break: 1:15 pm
2:30-2:50	Home time	Home time	Home time	Home time	(10-13) Concert: 2:00 pm

## Staff and Instructors

**CONTACT NUMBER during camp: 780-455-9559**



**Peter Eeles**

*SSD Principal, Camp Manager*  
peter.eeles@shumka.com



**Alexis Alford**

*Recreation Coordinator*  
summercamps@shumka.com



**Joshua Pacholok**

*Recreation Coordinator*  
summercamps@shumka.com



**Lana Niland**

*Dance Instructor*

## Camp Photos and Concert Video

A selection of the best photos from the camp, and a wide-angle GoPro video of the camp concert will be emailed to parents at the end of the camp at no extra charge.

## Camp Book

Each camper receives a Camp 2020 Guidebook at no extra cost, which includes a detailed schedule of activities for the camp, staff bios, information about Ukraine, and lots of other cool stuff! **The camp book for 2020 is digital only. Campers will be emailed a dropbox link that contains the digital camp book at the start of the camp. This is so campers and parents can reference it throughout the week. At the end of the week, campers will receive a personalized digital copy of the camp book that will include the camp photo and staff signatures. These will be emailed to each individual participant after the camp.**