



SHUMKA DANCE SYLLABUS ACADEMY
Student Syllabus Exam Recommendation Form

2018

DANCER:		GRADE:	
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Syllabus Exam Recommendation:

Dancer is progressing on schedule according to the syllabus and training goals outlined by the Shumka Dance Syllabus Academy for the Grade and will be recommended for examination this year.

Dancer requires further attention according to the syllabus and training goals outlined by the Shumka Dance Syllabus Academy and will not be recommended for examination this year.

Dancer is being recommended for an Audit examination.

SATURDAY, APRIL 28: Deadline for Exam Payment

How to Register? Send your payment with the attached invoice to the General Office through your core class instructors or pay directly at the Shumka Office.

Syllabus exams will be **scheduled** in the evenings during the weeks of **May 7 to May 31**. Please let us know ASAP if you cannot make your scheduled exam time or date.

Please reference the information on the following pages regarding the Shumka Syllabus and Student Syllabus Examinations. All information can also be found in the School Handbook.

SHUMKA'S SYLLABUS FOR UKRAINIAN DANCE

Since 1994, the Ukrainian Shumka Dancers and Shumka Dance Syllabus Academy have placed a high priority on the development and implementation of the Shumka Syllabus for Ukrainian Dance, to ensure proper skill training for generations to come. Shumka School is proud to offer a curriculum-based Ukrainian dance program through the Shumka Syllabus for Ukrainian Dance.

The Syllabus for Ukrainian Dance is a training program created for dancers ages six and over, developed by Mr. Douglas Rachinski with ballet compliment provided by Tasha Orysiuk. Shumka's Syllabus is intended to enhance the technical execution of Ukrainian dance; contribute to its enjoyment; and promote its continued vision for future generations of Ukrainian dancers, teachers, and enthusiasts. **It is a fully researched and developed curriculum program that ensures correct advancement of dance skill and technique, and enhances the dance training process by:**

- ◆ **Offering consistency in training.**
- ◆ **Providing logical progression from one level to the next.**
- ◆ **Standardizing the use of terminology.**
- ◆ **Standardizing the style and technique of steps and exercises.**

Throughout the year, dancers follow a pre-determined course of study, including set exercises at the barre, from the corner, and in the centre. These exercises are set to custom-orchestrated music. They complement the learning process and contribute to the overall long-term development of the dancer. Every new exercise and skill learned is like a fresh piece in a puzzle. When the puzzle is complete, a dancer should have the technical skills to work at a high dance level. In this manner, the Syllabus ensure proper growth and critical skill development while providing students with a solid foundation of skills and knowledge.

CURRICULUM OUTLINE

The **set exercises** are the core of the Syllabus. They are a listing of exercises for each grade in an order suggested for dancer safety and class effectiveness, based on the format of a typical dance class. Although certain steps or exercises could be introduced in different order, the program design provides the student with an appropriate sequence of exercises on an appropriate annual timeline. It is the prerogative of the instructor to alter format, re-order exercises or utilize choreography apart from that offered via the video/written resource to best suit his/her needs or unique class situation. The syllabus is designed to offer as many as 26 set exercises at any one grade level. To reduce the load for a typical dancer training one to two times per week and learning choreography apart from Syllabus, set exercises have been divided into 'Certificate' and 'Diploma' variations. **Certificate exercises are entry grade level exercises, and diploma exercises are progressed grade level exercises.**

Although there is some overlap between certificate and diploma exercises (in such case the certificate variation is either a shorter or simpler variation), this division allows the instructor additional flexibility as to the course and pace of instruction, and the student to study a given grade level for more than one year. Typically, students will participate in one diploma variation of a Grade per Tier (ex, Grade 1, Grade 2, Grade 2 Diploma, and Grade 3).

Below is an example **visualizing the differences between the Certificate and Diploma** variations, for Grade 1.

GRADE	1 CERTIFICATE (C) Variation	1 DIPLOMA (D) Variation
1	<p>PLIÉS and RISES</p> <ul style="list-style-type: none"> ♦ Plie: demi in parallel 1st ♦ Plie: grande in parallel 1st ♦ Rise: parallel 1st <p>TENDUS</p> <ul style="list-style-type: none"> ♦ Character tendu: devant from parallel 1st ♦ Character tendu: a la seconde from 1st <p>PORT DE BRAS (Female)</p> <ul style="list-style-type: none"> ♦ Arms: bras bas ♦ Arms: classical 1st ♦ Arms: classical 2nd ♦ Arms: poias ♦ Arms: character 1st ♦ Arms: character 2nd <p>POKHID SKLADNYI</p> <ul style="list-style-type: none"> ♦ Pokhid skladnyi ♦ Pleskannia <p>VYKHILIASNYK</p> <ul style="list-style-type: none"> ♦ Vykhiliasnyk ♦ Vykhiliasnyk skladnyi <p>HUSACHOK (Male)</p> <ul style="list-style-type: none"> ♦ Husachok ♦ Arms: Navkhrest ♦ Miachyk into 2nd 	<p>PLIÉS and RISES</p> <ul style="list-style-type: none"> ♦ Plie: demi in parallel 1st ♦ Plie: grande in parallel 1st ♦ Plie: demi in 1st ♦ Rise: parallel 1st ♦ Rise: 1st <p>TENDUS</p> <ul style="list-style-type: none"> ♦ Character tendu: devant from parallel 1st ♦ Character tendu: a la seconde from 1st ♦ Retiré: from parallel 1st <p>PORT DE BRAS (Male)</p> <ul style="list-style-type: none"> ♦ Arms: bras bas ♦ Arms: classical 1st ♦ Arms: classical 2nd ♦ Arms: poias ♦ Arms: character 1st ♦ Arms: character 2nd <p>SAUTÉS and PIDZHATI</p> <ul style="list-style-type: none"> ♦ Sauté: parallel 1st ♦ Pidzhati: nohy na zad (F) ♦ Pidzhati: nohy v pered (M) <p>SPOTTING EXERCISE (Female)</p> <ul style="list-style-type: none"> ♦ Spotting (right): ¼ turns ♦ Spotting (left): ¼ turns ♦ Prytup: podviynyi, potriynyi ♦ Pokhid skladnyi <p>MIACHYK (Male)</p> <ul style="list-style-type: none"> ♦ Miachyk (parallel 1st to upright): 1st ♦ Miachyk (parallel 1st to upright): 2nd ♦ Pohoiduvannia: upright to upright <p>DORIZHKA (Female)</p> <ul style="list-style-type: none"> ♦ Dorizhka: v pered, na bik, na zad ♦ Prytup: podviynyi <p>GALLOP</p> <ul style="list-style-type: none"> ♦ Gallop: en avant ♦ Zakidnyi bih <p>KABLUCHKY and PIDSICHKA (Male)</p> <ul style="list-style-type: none"> ♦ Pidsichka: ½ time ♦ Pidsichka: full time (5) ♦ Kabluchka ♦ Vypad

STUDENT SYLLABUS EXAMINATIONS

Independent evaluations are offered annually. Syllabus exam recommendation information is distributed to families during the first week of April. Reference the School Calendar of Dates for the syllabus exam fee payment due date.

EXAM BENEFITS

Syllabus exams offer a structured, non-threatening third-party assessment of the dancer's progress and ability, along with encouragement for the mastered skills. Feedback includes specific areas that might still require improvement, along with strategies to improve in these areas.

Syllabus exams provide a central goal for dancers to work towards.

Syllabus exams build confidence and provide dancers with a sense of achievement.

Syllabus exams provide guidance for class placement.

Syllabus exams provide instructors with valuable feedback about the student's skills.

HOW DO DANCERS GET RECOMMENDED FOR A SYLLABUS EXAM?

Instructors are aware of each dancer's abilities and are therefore in the best position to advise the family if the dancer is prepared for the examination. To ensure a productive, positive exam experience, instructors recommend Core Program students they believe will be prepared to take the exam. Students in the Intensive Division are required to participate in a syllabus exam and will be automatically recommended. At the beginning of the dance season, it is the Principal who determines if the class will eventually examine in the Certificate or Diploma level. Students then spend the year learning the exercises in the selected certificate or diploma level. In March, it is the instructor who determines if each Core Program dancer will participate in an examination. At the beginning of April, families will receive a form indicating the syllabus examination recommendation. If recommended, the decision to participate for Core Program students is made by the family. Intensive Division students are required to participate in a Syllabus exam.

AUDIT EXAM

Students who are close to completing a grade level but are not recommended for an exam may be given the opportunity to audit an examination. **The student auditing is critiqued in the same manner, but not offered a final grade.** Example of an Audit Exam Offer: Young Mr. Peter is showing good progress in his barre work; however, he needs a bit more work on musicality, centre combinations and presentation. Although he is progressing, it would not be to his benefit for Mr. Peter to participate in a graded exam this year. Instead, Mr. Peter will be offered the chance to audit the exam, where he is critiqued in the same manner, but not offered a final grade. Audit exam offers can be adjusted to an offer by the end of the year if the dancer continues to work hard.

EXAMINATION PROTOCOL

UNIFORM: Core Ukrainian rehearsal attire and footwear (the instructor will clarify exact footwear). Hair must be in a performance bun. No watches or jewelry. Dancers will not be able to examine unless this is followed. No make-up is required.

ARRIVAL: Arrive 30 to 60 minutes prior to the exam (arrival time is determined by the instructor of the class and is needed to rehearse the exercises prior to the exam).

PROCESS: Each exam group consists of a maximum of four students. Dancers enter the studio with a name tag pinned to the bodysuit or shirt, in an established group, and assemble in front of the Examiner. Following the assembly, the dancers are welcomed by the Examiner and repeat back the provided greeting. For example, the Examiner says: "Good evening dancers." The dancers reply, coordinated with Uklin (bow/curtsy): "Good evening Mrs. or Mr. Examiner." The Examiner then has the opportunity for a small chat that typically includes words of encouragement for the dancers. The exam concludes with the Examiner asking for the dancers to re-assemble in the entry formation and thanking them for the efforts. For example, the Examiner says: "Thank you dancers, I enjoyed watching you dance today." The students verbally reply, coupled with Uklin (bow/curtsy): "Thank you Mrs. or Mr. Examiner." This process is reviewed prior to the exams.

ETIQUETTE: There is absolutely no talking or sitting during an exam. Please keep eyes toward the Examiner and off the mirrors. During the exam, the Examiner will ask the dancers to practice the next exercise.

Example templates of a **student syllabus exam** (left) and **certificate of achievement** (top right, for successful completion of a syllabus exam).

SHUMKA DANCE SYLLABUS ACADEMY *Exam*

Name: _____ Grade: **1 DIPLOMA** Date: _____

EXERCISE	REMARKS
Barre (Stanok)	
PLIÉS & RISES	
1 2 3 4	
TENDUS	
1 2 3 4	
Centre (Seredyna)	
PORTS DE BRAS (M)	
1 2 3 4	
SAUTÉS & PIDZHATI	
1 2 3 4	
SPOTTING EXERCISE (F)	
1 2 3 4	
MIACHYK (M)	
1 2 3 4	
DORIZHKA (F)	
1 2 3 4	
GALLOP	
1 2 3 4	
KABLUCHKY & PIDSIKHA (M)	
1 2 3 4	

Grade Achieved: ----
+ = elevated standing in any grade level

CREDIT = Improvement required to achieve grade level	PASS = Partly achieving grade level	COMMENDED = Consistently achieving grade level	HONOURS = Excelling at grade level
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Additional remarks: _____

Examiner, SDSA _____ Principal, SSD _____

SCALE
1 = Improper not required 2 = Fair 3 = Good 4 = Excellent
ADVANCED TO COMMENDED
F = Female only exercise M = Male only exercise
T = standing Turn Out SP = Standing Pose
L = Lifting and legs M = Lifting and Mobility S = Stretching/Speaking

Shumka Dance Syllabus Academy

This certificate acknowledges that
Dancer Name
has successfully completed the
requirements for
Grade 1 Diploma
dated this 8th day of May, 2018



PRESIDENT
Ukrainian Standard Dancers

EXAMINER
Shumka Dance Syllabus Academy

EXAM LENGTHS & FEES

Grade	Examination Duration	Fee
1	30 minutes – Certificate 35 minutes – Diploma	\$66
2	35 minutes – Certificate 40 minutes – Diploma	\$68
3	40 minutes – Certificate 40 minutes – Diploma	\$70
4	45 minutes – Certificate 45 minutes – Diploma	\$76
5	50 minutes – Certificate 50 minutes – Diploma	\$78
6	60 minutes – Certificate 60 minutes – Diploma	\$80
7	70 minutes – Certificate 70 minutes – Diploma	\$86
8	80 minutes – Certificate 80 minutes – Diploma	\$88
9	90 minutes – Certificate 90 minutes – Diploma	\$90

GRADING

The examiner provides a mark out of four and written comments, feedback, and tips for each exercise. At the end, a final grade is provided:
Credit
Credit +
Pass
Pass +
Commended
Commended +
Honours
Honours +