

Instructor Syllabus Workshops 2010

Offered by the Ukrainian Shumka Dancers

- ✓ Improve your teaching skills!
- ✓ Save yourself hours of preparation time!
- ✓ Benefit from set exercises with accompanying CD, notations and DVD!

The *Syllabus for Ukrainian Dance* is a dance training curriculum developed by Mr. Douglas Rachinski for dancers aged 6 years and over. This program is managed by the *Ukrainian Shumka Dancers*.

The *Syllabus for Ukrainian Dance* was initiated in 1995 to provide dancers with a sound and thoroughly researched training program. Many hours have been dedicated to this compilation to offer Canada's most progressive Ukrainian dance curriculum program and the best possible training for Ukrainian dance enthusiasts.

The *Syllabus for Ukrainian Dance* guides dancers through a progression of Ukrainian character and classical ballet steps and exercises over a nine-grade program, ensuring dancers gain an age appropriate and ample array of Ukrainian stage dance skills. With this program, Ukrainian dance takes its place alongside other established dance forms such as ballet, tap and jazz with a recognized curriculum of study. Customized music and DVD resource complement the learning experience.

**You and your students will benefit from this innovative Ukrainian dance syllabus!
The syllabus workshop will help you:**

- ✓ Develop your instructional skills
- ✓ Provide you with an ample supply of set exercises to teach to your class
- ✓ Expand your Ukrainian dance and classical ballet vocabulary
- ✓ Increase your understanding of classical ballet as it applies to Ukrainian dance
- ✓ Better manage your class, including balancing choreography with other classroom needs, and
- ✓ Provide you with an opportunity to become a certified Shumka Dance Syllabus Instructor*

*Instructors may obtain certification in one, two or three program tiers, but must progress in tier order (i.e. from tier 1 to tier 3) in order to understand the progression of the program.

Please note the following dates:

Tier 1 – September 24-26, 2010

Tier 2 – October 1-3, 2010

**Location:
Shumka Dance Studios
12245-131 Street
Edmonton, Alberta
Workshop Fee: \$375**

Workshop fee includes the following:

- ✓ Registration package including procedures manual and Ukrainian dance glossary
- ✓ Tier booklet including set exercises, grade notations and classical ballet appendix for the applicable tier

- ✓ Tier CD and DVD
- ✓ Instructor exam (optional)

Note: **Upon receipt of a \$175.00 non-refundable deposit**, preparatory materials including set exercises, Ukrainian dance glossary and DVD are provided to registrants prior to the workshop for advance study.

Workshop Outline

1. **Introduction to SDSA**
Discussion of administrative processes and accountability.
2. **Syllabus Structure**
Discussion of curriculum design, including set exercises, grade notations & glossaries.
3. **Classroom Context**
Discussion of balancing syllabus implementation with other class needs such as choreography and costume development.
4. **Vocabulary**
Topics include Ukrainian dance vocabulary, positions/poses and technique.
5. **Classical Ballet**
Topics include basic classical ballet vocabulary, positions and poses, technique (barre and center practice), anatomy, posture, discussion of ballet as a training device and its application in staged Ukrainian dance.
6. **Set Exercises**
Instruction of set exercises and interactive discussion of exercise progression, breakdown/build up strategies and effective opposite gender instruction.

Workshop Preparation:

Instructor preparation: To prepare for the syllabus workshop, instructors are asked to:

- ✓ Have a basic knowledge of the set exercises for the tier in which they are enrolled (ex.: for tier 1, have a working knowledge of set exercises for grades 1 – 3).
- ✓ Bring writing supplies (ex: pencils, notebook) to take notes.

Portions of the workshop will be movement oriented. Instructors are encouraged to dress in attire suitable to learn and demonstrate exercises.

At the conclusion of the workshop, participants may enrol in an instructor exam in order to become a certified Shumka Syllabus Instructor. These exams may be held at the end of the workshop or at any time within one year of the workshop at a time agreeable to the instructor and the SDSA. In the instructor exam, the candidate is required to demonstrate selected course content and effective instructional ability at the applicable tier. He or she is permitted to refer to curriculum text for demonstration/discussion of set exercises. The candidate should dress as he or she would to provide classroom instruction. Exams are conducted one candidate at a time.

For more information or to register, please contact June Eeles at 780 455-9559 or by email at sdsa@shumka.com